



Asthma and Allergy  
Foundation of America®  

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MICHIGAN CHAPTER

June, 2008

## The Ben Finkelstein Chefs of the Future Competition

**The purpose** of this fundraising event is to raise awareness of the serious nature of food allergies with the culinary students of metro Detroit as well as the community as a whole. Funds raised will be used to continue providing asthma and allergy educational programs of the Asthma & Allergy Foundation of America-Michigan Chapter (AAFA-MI).

**Dining out** is one of the biggest challenges faced by food allergic individuals. Many restaurant and banquet facilities can not accommodate even the most basic needs of a food allergic person. Many chefs have little or no experience in creating tasty and nutritious meals without using **the 9 most common allergens** (milk, egg, wheat, soy, fish, shellfish, peanuts, tree nuts and sesame).

**The competition will consist of 3 categories: Breakfast, Main Dish and Dessert.** Competitors may enter 1, 2 or all 3 categories if they wish. Entries should use as few of the most common allergens as possible. All entries must be peanut & tree nut free.

**The entrants in each category** will compete to determine the finalist from each category. The finalists from each category will then showcase their dish in the final competition. Judging will be based upon nutritional value, creativity in substituting allergens, the number of allergens (from above list), presentation, and, of course, taste. The judges will include professional chefs, a registered dietitian and the media.

**This event will be held in the evening on Thursday, October 30, 2008** at the **Distinctive Appliances Distributing, Inc.** showroom in Wixom. It is located on Grand River Avenue, west of Wixom Road. This beautiful new facility has a spacious demonstration kitchen featuring Viking® appliances.

**The grand prize** is a \$500 scholarship. The **2<sup>nd</sup> place** winner will receive a \$250 scholarship and **3<sup>rd</sup> place** will receive a \$150 scholarship. We are also soliciting donations of additional prizes for the competition.

**For questions or comments, please contact:**

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