

Circle of Food Allergic Families



SERVING SOUTHEAST
MICHIGAN SINCE
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Has your child just been diagnosed with food allergy?

In the greater Detroit metropolitan area, the Circle of Food Allergic Families (COFAM) can help! You'll meet other families struggling with the same issues who have lots of advice to share from their own experiences. Learn what to look for when reading ingredient labels, cooking tips, places to shop, allergy-friendly dining places, how to prepare for child care and school, and how to manage the stress that comes along with the challenge of strict dietary restrictions.

About COFAM

Founded in June 2004, COFAM is a volunteer parent-run support group that serves hundreds of families with children who suffer from food allergy and/or eosinophilic gastrointestinal disorders. COFAM is based out of Oakland County but reaches hundreds of families from all over the greater-metropolitan Detroit area. We support each other in many ways: parent meetings, family fun events, guest speakers, product discounts, newsletters, advocacy and so much more.

COFAM's Mission

- To support families as they face the daily challenges of managing food allergies and eosinophilic disorders.
- To share ideas and tips with our members.
- To continue to be educated on allergy issues and share this information with its members.
- To work together to raise awareness within our community and educate those around us.

